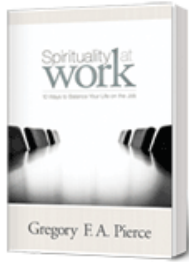


## GOOD AUTUMN SPIRITUAL READ

### Spirituality at Work



This groundbreaking book by Gregory Pierce remains one of the bibles of the “workplace spirituality movement,” which holds that the work we do has enormous spiritual significance. This paperback edition of Workplace Spirituality will find an eager audience among the countless people who are not willing to suspend their spiritual lives just because they have to go to the office. Through ten different disciplines of workplace spirituality, Pierce encourages us to see the office not only as a place where we work, but also as a place where God works in

our lives and showers us with many blessings.

For an excerpt go to: [http://www.loyolapress.com/assets/fg\\_comp/PDF\\_255229.pdf](http://www.loyolapress.com/assets/fg_comp/PDF_255229.pdf)

### Heroic Leadership

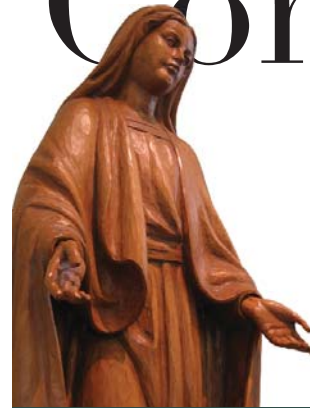
Christian leaders, by definition, are called to follow a different set of leadership principles than other leaders follow. But what are they, and how do Christian leaders follow them? In Heroic Leadership, Jesuit-seminarian-turned-investment-banker Chris Lowney examines organizational principles of effective leadership derived from the history and teachings of the Jesuits and applies them to modern corporate culture. Based on the four core values of self-awareness, ingenuity, love, and heroism, this book identifies practices that sixteenth-century priests developed to foster dynamic, effective leadership and achieve longevity.



For an excerpt go to: [http://www.loyolapress.com/assets/fg\\_comp/PDF\\_255236.pdf](http://www.loyolapress.com/assets/fg_comp/PDF_255236.pdf)

# OUR LADY OF THE SKIES CHAPEL Connections

WWW.JFKCHAPEL.ORG



SEPTEMBER 2010

## Coming home



### New Schedule of Masses at Our Lady of the Skies Chapel

Saturdays at 5:00 PM  
Sundays at 1:00 PM  
Tuesdays at 5:00 PM  
Wednesdays at 12:15 PM  
Thursdays at 12:15 PM  
Fridays at 10:30 AM

Chapel Hours  
6 AM–10 PM

Phone: (718) 656-5348  
Fax: (718) 656-8162  
[www.jfkchapel.org](http://www.jfkchapel.org)

John F. Kennedy Airport  
Terminal 4 | Suite 461-037  
Jamaica, NY 11430

# Back at Home and Back at Work

by Fr. Chris Piasta, OFM  
JFK Chaplain

Nothing really changes that much. You remember your previous vacation times, don't you, and you know how it goes, that you need vacation after vacation. As much as we would love to extend the time off, particularly when we need to exchange a nice resort for all-too-well-known-home, it is nice to go back home. Vacation is nice, refreshing and truly needed, yet is it good to feel home, to feel needed and accomplished as well. It feels good to be recharged and put all those summer inspirations into good practice.

The importance of being.

None of us wakes up in the morning in order to feel desperate, lost and powerless. Quite the opposite: we love to accomplish something, to be needed, and to have that feeling when you do things right. "Well, if only my boss/manager knew about it" – we often think. That might

be true, however our worthiness does not entirely depend the boss, does it? We can't simply rely on somebody superior to tell us who we are at work or otherwise. Yes, it is his or her job, however what we feel about ourselves is much more important. We might quite overlook this power and responsibility: the power, because nobody can ever take away our dignity and worthiness; and responsibility, because this power is to be put in action in order to find ourselves on the proactive side of the story instead of passive one. It is rather simple to live, it is more difficult to become actively involved in life, yet it is exactly why we live.

Inspirations

Vacation time only partly can be called "a down time"; it is true rather at the beginning of our time off, when we really rest and compensate for the lack of sleep. Once we balance our bodies out, the time comes for the mind and spirit. Of course the mind needs some time off as well, however not for long. Both, the mind and spirit need something new, a new stimulus package that would pay off in the future. That is why it is good to read a good book, pray and meditate more when we have more time for it. Have you ever

wanted to have new and fresh ideas after Summer? They don't come from now where. You have to feed your mind and spirit in any way it is possible and so to charge them up for the upcoming weeks and months of work and daily errands. That is why a good retreat is simply priceless: it refreshes and charges up. Don't think that inspirations for your workplace must come from work-related environments; just ask Archimedes how he came up with his "eureka".

What's next?

You need a plan. I mean, if you want to begin something anew, to change something in your life and not lose the momentum, you need to come up with a goal and manner of achieving it. The goal does not have to be some tangible point in the future, e.g. promotion, writing a book, or patenting an idea; rather it should be a way of living, a new regime or discipline, such as spending more time with the family, on prayer or simply organizing day more efficiently. It does not have to have a deadline, but it should constantly develop. Even if you lose the momentum and focus, the lack of a tangible point in the future does not discourage the efforts too much. As a result, one can start over and over again, even the more one fails.

Right order of things

One might think that in order to start anew and really change things, they need to be worked on in a proper order: body first, then mind and finally spirit as the very top of the pyramid. I agree with the idea,



however, I would reverse the order. It is the spirit that moves or minds and ultimately controls our bodies. In other words, our spirituality needs a constant boost in order to maintain a proper balance. Some people do it through their constant touch with the arts, some others stick to their faith and draw from it enough energy if not to move mountains then at least to move themselves.

Any ideas?

Our Lady of the Skies Chapel offers any kind of spiritual help, from daily sacramental ministry, to talks, to personal retreats tailored specifically to the needs of the one who requests such meetings. A good start can be just an email or phone call away.

It is time to go back home and go back to work. With a little gusto and a good plan, both home and work may become places that one comes back refreshed to and gladly stays there until vacation time comes again.

